

# **SECTION I**

- 1. Preparing Form N**
- 2. Emp's Guard Pounds Mortar N**
- 3. Lazy About Tying Coat N**
- 4. Six Sealing & Four Closing bNaNE**
- 5. Single Whip N**
- 6. Emp's Guard Pounds Mortar W**
- 7. White Crane Spreads Wings W**
- 8. Walking Obliquely W**
- 9. Brushing Knees W**
- 10. Stepping Forward Three Times W**
- 11. Walking Obliquely W**
- 12. Brushing Knees W**

**I 3. Stepping Forward Three Times W**

**I 4. Hidden Thrust Punch NW**

**I 5. Emp's Guard Pounds Mortar N**

## **SECTION 2**

- 16. Twisting Body Fist of Defend N**
- 17. Dragon Emerges fr. Water Punch N**
- 18. Push with Both Hands W**
- 19. Fist Under Elbow W**
- 20. Step Back & Whirl Arms (5) W**
- 21. White Crane Spreads Wings W**
- 22. Walking Obliquely W**
- 23. Flashing(Blocking)Turn to Back W>SE**
- 24. Hidden Thrust Punch SE**
- 25. Six Sealing & Four Closing bNaNE**
- 26. Single Whip N**

## **SECTION 3**

**27. Cloud Hands N**

**28. High Pat on Horse bSaW**

**29. Slapping Right Foot W**

**30. Slapping Left Foot W**

**31. Turn & Kick w/ Left Heel bSaE**

**32. Stepping Forward Three Times E**

**33. Pounding the Ground E**

**34. Double Jump Kick W**

**35. Protect Heart Fist W**

**36. Tornado Foot S**

**37. Kick with Right Heel bSaW**

**38. Hidden Thrust Punch NW**

## **SECTION 4**

**39. Small Grasping Strike W**

**40. Embrace Head, Push Mountain E**

**41. Six Sealing & Four Closing bNaNE**

**42. Single Whip N**

**43. Forward Trick bEaN**

**44. Backward Trick bEaS**

**45. Parting Wild Horse's Mane R&L E**

**46. Six Sealing & Four Closing bNaNE**

**47. Single Whip N**

**48. Jade Girl Works Shuttles E**

**49. Lazy About Tying Coat N**

**50. 6S 4Close bNaNE 5 I. Single Whip N**

## **SECTION FIVE**

**52. Cloud Hands with behind stepping N**

**53. Sweeping Double Lotus N**

**54. Fall into Split W**

**55. Golden Rooster L and R W**

**56. Step Back and Whirl Arms (5) W**

**57. White Crane Spreads Wings W**

**58. Walking Obliquely W**

**59. Flashing (Blocking) Turn to Back W>SE**

**60. Hidden Thrust Punch SE**

**61. Six Sealing & Four Closing bNaNE**

# **SECTION SIX**

**62. Single Whip N**

**63. Cloud Hands N**

**64. High Pat on Horse bSaW**

**65. Cross Feet, Pose, Lotus SE NW>SE**

**66. Punch the Groin SE**

**67. Ape Presents Fruit E**

**68. (6S4C bNaNE) Single Whip N**

**69. Dragon on the Ground W**

**70. Step Up to Seven Star W**

**71. Stepping Back Crossing Arms N**

**72. Waving Hands 360° Double Lotus NE**

**73. Cannon Fist to Head N 74. Close N**

# **Emperor's Guard Pounds Mortar N Close Form N**









